Abused & Brain Injured
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SOAR
SUPPORTING SURVIVORS OF ABUSE AND BRAIN INJURY THROUGH RESEARCH

CATT
CONCUSSION AWARENESS TRAINING TOOL

Clinical algorithm for medical assessment and management

Initial Medical Assessment
(physician/nurse practitioner)

Objectives:
1.) identify, classify, and diagnose existing traumatic brain injuries
2.) identify and diagnose co-existing traumatic injuries and/or medical conditions
3.) develop an individually-tailored management plan

Components: Informed consent, clinical history, physical examination, supplemental tests as needed

Management Plan:
- Provide verbal and written information on IPV TBI.
- Provide return to school, work or sport documentation as needed.
- Provide information and guidance about how to develop a safety plan.
- Provide information on mental health crisis and IPV support resources, family counseling, victim and legal services and organizations that can provide culture- and gender-specific support and healing.
- Consider additional tests or referrals as needed.
- Consider referral to a multi-disciplinary TBI clinic or program.
- Arrange medical follow-up with patient in 1-2 weeks.
- Assess need for mandatory reporting to police or child protective services.

Medical Follow-Up
(physician/nurse practitioner)

- Reassess housing status, safety and new injuries.
- Reassess clinical symptoms and return to activity status (work, school, sport).
- Screen for features of mental health conditions.
- Perform focused physical examination as needed.
- Provide return to school, work or sport documentation as needed.
- Provide information on mental health crisis and IPV support resources, family counseling, victim and legal services and organizations that can provide culture- and gender-specific support and healing.
- Consider additional tests or referrals as needed.
- Arrange medical follow-up as needed or consider discharge based on individual patient needs.

This resource may be used and adapted without permission provided it is appropriately cited as follows: Abused & Brain Injured Toolkit; Supporting Survivors of Abuse and Brain Injury Through Research; Concussion Awareness Training Tool: Intimate Partner Violence Traumatic Brain Injury Medical Provider Resource (Version 1.0), February 2023.