Moving Ahead

Talking about brain Injury in intimate partner violence The *HELPS Brain Injury Screening Tool can identify survivors who've experienced, or may be at risk for, a brain injury.

The HELPS Tool does not make a diagnosis. It does provide a way to talk about head injury in the context of IPV, and can help survivors identify the source of some of their challenges.

ASK:

- Have you ever **H**it your head, or been hit on the head or shaken roughly? Did your partner strangle or choke you?
- 2. Were you ever seen in the Emergency room, hospital, or by a doctor because of a brain injury? Have you ever felt you needed medical attention but did not seek it?
- 3. Did you ever Lose consciousness or experience a period of being dazed and confused because of an injury to your head?
 - Do you experience any of these **P**roblems since you hurt your head?
- 5. Have you experienced any significant Sicknesses or physical symptoms?

Headaches Dizziness Anxiety Depression Difficulty concentrating

Difficulty remembering

92%

Difficulty reading, writing, calculating

Poor problem solving

Difficulty performing your job/school work

Change in relationships with others

Poor judgement (being fired from job, arrests, fights) As many as 92% of survivors of intimate partner violence (IPV) may also experience brain injury as part of the abuse.

If a survivor answers "Yes" to H, E, L, or S, and is experiencing at least two of the chronic problems listed under "P," the survivor may have experienced a brain injury. Remember, a positive screen is not a diagnosis. Only a licensed medical professional (such as a physician or nurse practitioner) can provide that.

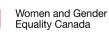
If you suspect a survivor may have experienced a brain injury, refer to a local brain injury support agency. If the incident was recent, and symptoms are severe, recommend a doctor's visit.

*The HELPS tool above is an adapted version of the original, which was developed by M. Picard, D. Scarisbrick, R. Paluck, 9/91, International Center for the Disabled, TBI-NET, U.S. Department of Education, Rehabilitation Services Administration, Grant #H128A00022. The original version has been adapted for brain injury in the context of intimate partner violence.





SUPPORTING SURVIVORS OF ABUSE AND BRAIN INJURY THROUGH RESEARCH



r Femmes et Égalité des genres Canada

